

# Resources for Spiritual Growth

## DIVINE MERCY CENACLE

This devotional group meets Monday nights to experience the richness of our Catholic faith. The cenacle encourages all to grow in their understanding and appreciation of God's great mercy by participating in an evening of song, prayer, discussion of Scripture, and the writings of St. Faustina. Come and learn how to pray the Divine Mercy Chaplet for the dying and for the souls in Purgatory.

**When:**.....2<sup>nd</sup> and 4<sup>th</sup> Monday nights, from 7:00 PM to 8:30 PM

**Where:**.....Administration Building - Room 202

**Contact:**.....Glen or Charlotte Jones at **479-0039**

## CHRISTIAN MEDITATION GROUP

This prayer group welcomes newcomers. Meditation, or contemplative prayer, seeks God in the silence and stillness beyond word and thought. The one hour meeting includes quiet music; a short taped talk on meditation; 25 minutes of silent meditation; followed by a question and answer period.

**When:**.....Every Wednesday night from 7:00 PM to 8:00 PM

**Where:**..... St. Matthew School Music Room

**Contact:**.....Sr. Bernice Lindsey, O.S.B. at **445-1107**

## COLLEGE PRAYER GROUP

Come and join us for an hour of prayer and let us adore Him! Fr. Agustín leads the group in Scripture reading, prayers, and song.

**When:**.....Thursday nights from 9:00 PM to 10:00 PM

**Where:**.....Eucharistic Adoration Chapel

## YOUNG CATHOLIC CHRISTIAN COMMUNITY YC<sup>3</sup> (18-40)

**Mission Statement:** we are a Catholic fellowship of Young Adults that strives to foster a closer union with God through serving each other, the parish of St. Matthew, and the community at large. Please consult Church bulletin for activities, locations, dates and times. For more information or to receive a monthly mailing, contact Beth Duarte in the Adult Education Office at **478-5006**.

## ST. MATTHEW SINGLES 40+

**All singles are welcome** to attend a Catholic Mixer (a place to meet Catholic singles) on the first Friday of each month, 7:00 PM-8:30 PM in St. Matthew Parish Hall. For names of speakers and topics, please refer to the Church bulletin. A donation of \$5.00 per meeting is collected. In addition, SMS 40+ meets for companionship, spiritual growth, and service to the community. Fellowship begins Sunday at 9:30 AM followed by 11:00 AM Mass. Join us in the McDonald Family Center Room 101 for coffee, snacks, and reflections on Sunday Scripture.

**For more information contact:**.....Yolie Davenport at **334-0315** or **264-9239**.

**SMALL CHRISTIAN COMMUNITIES**

You are encouraged to take part in a Small Christian Community of fellowship and spiritual growth. Participation can be especially valuable as you leave the mountain top experience of an A.C.T.S. retreat, the R.C.I.A., or ALPHA Course. Groups of 2-15 people gather to pray, read, and study Scripture. These small groups offer opportunities to share and deepen faith experiences while providing mutual support and encouragement in the quest for holiness. There are existing Communities in the parish. If you are interested in starting or joining one, call Beth Duarte, Adult Education Office at **478-5006**.

**COUNSELING BY APPOINTMENT**

Counseling facilitates your journey to become the person you want to be by assessing you and your situation and by planning and adopting a strategy that empowers you to reach your goals. Counseling can help you deepen self-understanding; become more comfortable in relationships; identify and explore alternatives; and grow through life’s stages.

**Contact:**..... Maria Leavy Hoelscher, PhD, at **478-5005** or  
Judith Poston, LCSW, at **478-5016** or  
Antonio Ramirez, PhD (bilingual), at **478-5029**

**DIVORCE RECOVERY GROUP**

An 8 session series to help persons cope with the loss of a relationship. Watch Church bulletin for updates.

**When:**..... 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month from 7:00 PM to 9:00 PM

**Where:**.....St. Matthew Administration Building – Room 200

**Contact:**.....Maria Leavy Hoelscher, PhD, at **478-5005**

**DECLARATION OF NULLITY (ANNULMENT)**

Msgr. Mike Yarbrough and Carmen Mason, a former member of the Marriage Tribunal, will hold their semi-annual workshop on the Declaration of Nullity, commonly called the Annulment Workshop. This is an informational and educational session concerning annulment in the Archdiocese of San Antonio where attendees will do a “walk through” of the actual petition. Anyone who wishes to learn about the process and deepen one’s knowledge in regard to Catholic annulment is welcome.

**When:**..... Monday, March 23, 2009 from 7:00 PM to 8:30 PM

**Where:**.....St. Matthew Parish Hall

**Facilitators:**.....Msgr. Mike Yarbrough and Carmen Mason

**Contact:**.....Carmen Mason at **492-2401**

**SINGLES ISSUES**

A 6-week series covering topics important to singles, especially those re-entering the singles world following the loss of a relationship. Please check Church bulletin for updates.

**Contact:**.....Maria Leavy Hoelscher, PhD, at **478-5005**

**CANCER SUPPORT GROUP**

Meets at 7 PM on the 4<sup>th</sup> Monday each month. For location contact Norma Willett at **561-0581**.

**SENIOR CENTER**

Anyone age 60 and over is welcome to join in the daily activities. A nutritional lunch is served at 11:15 AM with required registration. Donations of 50 cents for lunch is appreciated. For a fee, persons needing transportation to the Senior Center can have bus pick-up arranged if they live within St. Matthew’s parish boundaries. Optional weekly activities include:

- Monday:** Bingo
- Tuesday:** Bunco and Quilting
- Wednesday:** Quilting, Bingo, and Dance Therapy Class (registration required with the City Lunch Program to attend Dance Class)
- Thursday:** Instructional Art Class with Ceramics and Jewelry Making every other week
- Friday:** Bingo

**When:**..... Monday through Friday (excluding holidays), from 7:00 AM to 12:00 Noon

**Where:**.....St. Matthew Parish Hall

**Note:**.....Days, times and activities are subject to change

**Contact:**.....Georgia Wall at **478-5017**

**THAT MAN IS YOU! – (A LIGHT TO THE NATIONS)**

The third year of the That Man is You! men's leadership program focuses on Economic Leadership and Political Leadership. It recalls the moment Christ sent his apostles as a light to the nations commanding them to bring his message to the ends of the earth. Men are called to perpetuate the mission of Christ by acculturating truth, beauty and life in society. This program helps men discern how Christ wishes to use them in the new evangelization and equips them with the tools required to fulfill their mission.

**When:**.....Tuesday mornings, through April 7, from 5:45 AM to 7:15 AM

**Where:**.....McDonald Family Center Gym

**Contact:**.....Ralph Paglia at **itgolf@att.net** or call **744-1226**  
or Dr. Mitch Finnie at **mfinnie@satx.rr.com**

**SPRING SESSION: “Apostles of the New Springtime”**

- January 6                      Week 14: The Call of God
- January 13                    Week 15: Apostles of the New Springtime
- January 20                    Week 16: The Still, Small Voice of God
- January 27                    Week 17: A Journey to the Heart of Christ
  
- February 3                    Week 18: Christ’s 1<sup>st</sup> Word: “Father, forgive them.”
- February 10                   Week 19: Christ’s 2<sup>nd</sup> Word: “This Day you will be with me in Paradise.”
- February 17                   Week 20: Christ’s 3<sup>rd</sup> Word: “Woman, behold your son.”
- February 24                   Week 21: Christ’s 4<sup>th</sup> Word: “My God, my God, why have you forsaken me?”
  
- March 3                        Week 22: Christ’s 5<sup>th</sup> Word: “I thirst.”
- March 10                        OFF for Spring Break
- March 17                        Week 23: Christ’s 6<sup>th</sup> Word: “Into your hands I commend my spirit.”
- March 24                        Week 24: Christ’s 7<sup>th</sup> Word: “It is consummated.”
- March 31                        Week 25: Go to All the Nations
  
- April 7                         Week 26: That Man is You!

**TMIY! OBJECTIVES:** Discern where Christ is calling the individual for the new evangelization. Understand that every mission is ultimately a calling to enter into profound communion with Christ, especially during his Passion. Identify the role of the Seven Covenants of TMIY in the new springtime.

### **ENDOW**

**ENDOW** (Educating on the Nature and **D**ignity of **W**omen) is an educational organization that provides women with a forum to explore and understand what it means to be a feminine person created in God's image. As a basis for discovery, **ENDOW** promotes the New Feminism, which is defined by the late Pope John Paul II. The New Feminism recognizes and affirms the "true genius of women" and responds to our culture's desperate need for an authentic feminine presence in life and society. **ENDOW** courses are based on Church documents, Sacred Scripture, and the Catechism of the Catholic Church. For more information visit the Endow website at [www.endowonline.com](http://www.endowonline.com) or call Christine Lopez, Adult Education Office at **478-5018**.